**BACHELOR OF SCIENCE IN EXERCISE SCIENCE Department of Health, Physical Education and Recreation**

**NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 301 Flowers Hall**

**Student ID #:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ NOTE: This program of study DOES NOT lead to eligibility**

**CONCENTRATION:\_Applied Exercise Physiology\_\_ for teacher certification.**

 **MINOR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *ACHE APPROVED March 2016***

**CATALOG YEAR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **AREA I: WRITTEN COMPOSITION** | Hrs | Gr | Sem | **MAJOR CORE** | Hrs | Gr | Sem |
| EN 111 1st Year Composition I |  3 |  |  | HPE 000 Senior Portfolio | 0 |  |  |
| En 112 1st Year Composition II |  3 |  |  | HPE 235 Medical Terminology | 1 |  |  |
| **AREA II: HUMANITIES AND FINE ARTS** | HPE 352 Kinesiology | 3 |  |  |
| Com 201 Fundamentals of Speech |  3 |  |  | HPE 353W Physiology of Exercise | 3 |  |  |
| En 211 or 221 or 231 or 233 |  3 |  |  | HPE 360 Intro to Fitness Test | 3 |  |  |
| En 212 or 222 or 232 or 234 |  3 |  |  | HPE 401 Adapt PE **OR** SRM 444 Rec/Spec Pop | 3 |  |  |
| H/FA |  3 |  |  | HPE 402 Exercise Rx/Healthy  | 3 |  |  |
| **AREA III: NATURAL SCIENCE AND MATH** | HPE 403 Essentials Rx Resist Train | 3 |  |  |
| MA |  3 |  |  | HPE 405 Exercise Leadership | 3 |  |  |
| BI 101 **OR** BI 111  |  4 |  |  | HPE 430 Behavior Mod Interventions | 3 |  |  |
| BI 102 **OR** BI 112  |  4 |  |  | HPE 443 Management of HPEA | 3 |  |  |
| **AREA IV: HISTORY, SOCIAL/BEHAVIORAL SCIENCES** | HPE 451 Applied Statistics in Hlth/Exer Sci | 3 |  |  |
| HI 101 **OR** 201 |  3 |  |  | HPE 466W Legal Issues & Risk Management | 3 |  |  |
| HI 102 **OR** 202 |  3 |  |  | HPE 498 Internship | 6 |  |  |
| PY 201 **OR** SO 221 |  3 |  |  | 300/400 Psy/Soc (Advisor Approved) | 3 |  |  |
| HPE 175 **OR** HPE 213  |  3 |  |  | **TOTAL** | **43** |  |  |
| **ADDITIONAL MAJOR REQUIREMENTS** | **CONCENTRATION (Choose 18 credit hours from the following)** |
| HPE 221 Intro to Health and Phy Ed | 3 |  |  | HPE 350 App Nutrition/Lifespan | 3 |  |  |
| HPE 225 Nutrition & Human Perf. | 3 |  |  | HPE 351 Chronic Diseases/Heath Prom | 3 |  |  |
| HPE 233 First Aid | 3 |  |  | HPE 408 Consumer Health | 3 |  |  |
| BI 241 Human A&P I | 4 |  |  | HPE 410 Health Promotion | 3 |  |  |
| BI242 Human A&P II | 4 |  |  | HPE 420 Health and Aging | 3 |  |  |
| CIS 125 Business Apps of Micro Soft | 3 |  |  | HPE 450 Motor Learning | 3 |  |  |
| **TOTAL** | **61** |  |  | HPE 490 Concepts & Analysis of Research | 3 |  |  |
|  |  |  |  | **TOTAL** | **18** |  |  |
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|  |  |  |  |  **GRAND TOTAL** | **122** |  |  |
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